

SERMON NOTES

Date: May 29, 2016

Series: Life In the Spirit

Title: A Mindset for Godly Living

Text: Romans 8:5-8

Big Idea: Victory over sin is just as much about the way you think, as it is about the decisions you make.

I. Introduction

What is the best way to extract air out of a glass? What is the best way to triumph over indwelling sin?

II. A Mindset for Godly Living

A. Two Mindsets (v. 5).

What is the difference between those who have victory over indwelling sin and those who are given over to it?

What does Paul mean when he talks about the *mind*?

What does it mean to *set your mind* on something?

What are the things of the *flesh*?

- Things that are forbidden.
- Things permissible but not profitable. (1 Cor. 6:12; 10:23)
- Things earthly and temporal. (Matt. 6:19-21; Col. 3:1-2, 16)
- Things that draw our trust and dependence away from Christ. (Luke 16:13)

What are the things of the *Spirit*?

- Things consistent with his person. (John 14:16-26)
- Things consistent with his purpose. (John 15:26)
- Things consistent with his character. (Phil. 4:8)
- Things consistent with his fruit in us. (Gal. 5:22-23)

B. Two Results (v. 6)

- mind set on the flesh = death
- mind set on the Spirit = life and peace

C. One Conclusion (vs. 7-8)

MAKE IT REAL

For the Week of May 29, 2016
Questions Personal Application and Small Group Discussion

1. How are you encouraged by the reality that as a Christians you can be filled with and led by Holy Spirit?
2. List specific examples of times when your mind is set on the flesh and when your mind is set on the Spirit?
3. What kinds of *death* do you experience when your mind is set on things of the flesh?
4. Describe the kinds of *life* and *peace* you experience when your mind is set on the Spirit.
5. Think of an temptation or indwelling sin in your life. How does a fleshly mind feed that temptation or sin? How would a Spirit-led mind help you change direction and overcome it? What thoughts do you need to specifically put off and put on?