

SERMON NOTES

Date: March 18, 2018

Series: Messy Church

Title: How to Avoid Sexual Sin

Text: 1 Corinthians 6:12-20

Big Idea: We live in a hyper-sexualized society that makes it difficult to remain sexually pure, but Christians can avoid sexual sin when equipped by the Holy Spirit with the truths of God's Word.

MAKE IT REAL

Questions for Personal Application and Small Group Discussion

REVIEW THE SERMON

What does the world believe about sex and how does that influence people's sexual ethics? _____

What is distinct about the Christian worldview of the body and sex, and how should it affect the way we live? _____

ASSESS YOUR LIFE

Think of examples in life where you view your body as a servant of your desires? Think of examples in your life where you view your body as a servant of God? Praise God for fruit. Ask God for help where there needs to be fruit. _____

APPLY THE TRUTH

Paul essentially says that just because you can do something, it doesn't mean you should (v. 12). Identify some things you probably can do, but maybe shouldn't do for the sake of your love for Christ and desire to grow to be more like him. _____

One of the ways you can tell if a desire has dominated you is by asking: "Am I willing to sin in attitude or action to get what I want, or am I willing to sin in attitude or action if I don't get what I want?" Can you name a few desires that might have you dominated or enslaved? How does your perspective toward these desires need to change? _____

Using your body in a way that is totally sold-out for the Lord's glory requires a great deal of self-control. What areas do you need to practice more self-control? What does a lack of self-control reveal about your heart? Will you repent? Now what steps do you need to take to be more self-controlled and sold-out for the Lord in the ways you use your body? _____

As a believer, your body is the Temple of the Holy Spirit. How should this fact influence the way you currently use your body? Is there any way you're currently using your body that grieves the Holy Spirit (Eph. 4:30)? Will you admit it to yourself, confess it to God, flee from it, and get the help from God's people that you need? _____
